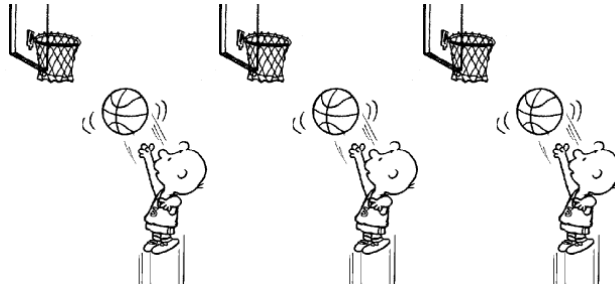




FAMILY FITNESS FUNDAY: BASKETBALL! Saturday, January 11th, 2020 - 10am



Please join us on January 11th for our BASKETBALL Family Fitness Funday!
We will have a fun and energetic class in our very own gym.

Carlos, who coaches basketball at Commonpoint Queens (formerly the Central Queens Y), will be leading the fun class. Improve your skills and get a good workout!

Children, parents, grandparents, caregivers – all are welcome! Cost is \$5 per person – and can be paid online at www.pa196.org/basketball.html, or with cash or check made out to PA of PS196.

Space is limited - please RSVP for BASKETBALL by Wednesday, Jan. 8th!

PLEASE register online at www.pa196.org/basketball.html

OR

Please complete the information below and return, with your payment of \$5 per person (cash, or check made out PA of PS196), in an envelope labeled Fitness Funday

Name of participant & Age/Class (if child)

email

1. _____

2. _____

3. _____

4. _____

If you have any questions, please email Wellness196@gmail.com