



## NOVEMBER 2017: Pre-K - 8 Alternative Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday
		1	New York Thursday 2	3
		<b>"Super Chef" Shepard's Pie</b>  A Delicious Blend of Mashed Potatoes, Turkey, Cheese,  <b>Warm Dinner Roll</b>  <b>Broccoli Trees</b>  <b>Salad Bar</b> Spinach & Cranberry Salad	<b>Chef Salad</b>  <b>Garlic Knot</b>  <b>Classic Tuna on Ciabatta Bread</b>  <b>Seasoned Wedge Fries</b>  <b>Salad Bar</b> Celery & Apple Salad Fresh New York Apples	<b>Classic Cheese Pizza</b>  <b>Margherita Pizza</b>  <b>Roasted Chickpea Salad</b>  <b>Kid Friendly Kale Salad</b>  <b>Salad Bar</b> Fresh Marinated Vegetable Salad
6	Election Day 7	8	New York Thursday 9	10
<b>Turkey Carnitas Burrito</b>  <b>Brown Rice</b>  <b>Green Garden Salad</b>  <b>Salad Bar</b> Broccoli & Cranberry Salad	<b>100% Beef Hamburgers &amp; Cheeseburgers</b>  Burgers served with Lettuce, Tomato & <b>New York Onion</b>  <b>Sweet Potato Wedge Fries</b>  <b>Salad Bar</b> Carrot & Lemon Salad	<b>Hot Sliced Turkey with Gravy</b>  <b>Warm Corn Bread</b>  <b>Mashed Potatoes Garlicky Green Beans</b>  <b>Salad Bar</b> Confetti Corn Salad	<b>Vegetarian Chili with Rice and Salsa</b>  <b>Roasted Zucchini</b>  <b>Corn on the Cob</b>  <b>Salad Bar</b> Kale Salad Fresh New York Apples	<b>Classic Cheese Pizza</b>  <b>Veggie Pizza</b>  <b>Seasoned Pinto Beans</b> <b>Kid Friendly Kale Salad</b>  <b>Salad Bar</b> Italian Marinated Cucumber Salad
13	14	15	Half Day K-8 16	17
<b>Black Bean Quesadilla with Rice and Salsa</b>  <b>Confetti Corn Salad</b>  <b>Spring Mix Salad</b>  <b>Salad Bar</b> Italian Classico Salad	<b>Turkey Burger</b>  Burgers served with Lettuce, Tomato & <b>New York Onion</b>  <b>Chickpea Salad</b> <b>Marinated Tomato Salad</b>  <b>Salad Bar</b> Caesar Salad	<b>Mushroom Bolognese with Whole Grain Rotini</b>  <b>Garlic Toast</b>  <b>Orange Glazed Carrots</b>  <b>Salad Bar</b> Fresh Cilantro Slaw	<b>Seasoned Turkey Cubano Panini</b>  <b>Italian Marinated Cucumber Salad</b>  <b>Salad Bar</b> Asian Slaw New York Apple Slices	<b>Classic Cheese Pizza</b>  <b>Bruschetta Pizza</b> Fresh Tomatoes & Onions  <b>Garlic Knot</b>  <b>Kid Friendly Kale Salad</b>  <b>Salad Bar</b> Roasted Broccoli & Cauliflower Salad
20	21	22	Thanksgiving Break 23	Thanksgiving Break 24
<b>Red, White and Green Panini</b>  <b>Parmigiana Roasted Cauliflower</b>  <b>Sweet Plantains</b>  <b>Salad Bar</b> Green Garden Salad	<b>100% Beef Pizza Burger</b>  Burgers served with Lettuce, Tomato & <b>New York Onion</b>  <b>Crunchy Carrot Sticks</b>  <b>Salad Bar</b> Greek Zucchini Salad	<b>"Super Chef" Shepard's Pie</b>  A Delicious Blend of Mashed Potatoes, Turkey, Cheese,  <b>Warm Dinner Roll</b>  <b>Broccoli Trees</b>  <b>Salad Bar</b> Spinach & Cranberry Salad	<b>Chef Salad</b>  <b>Garlic Knot</b>  <b>Classic Tuna on Ciabatta Bread</b>  <b>Seasoned Wedge Fries</b>  <b>Salad Bar</b> Celery & Apple Salad Fresh New York Apples	<b>Classic Cheese Pizza</b>  <b>Margherita Pizza</b>  <b>Roasted Chickpea Salad</b>  <b>Kid Friendly Kale Salad</b>  <b>Salad Bar</b> Fresh Marinated Vegetable Salad
27	28	29	New York Thursday 30	
<b>Turkey Carnitas Burrito</b>  <b>Brown Rice</b>  <b>Green Garden Salad</b>  <b>Salad Bar</b> Broccoli & Cranberry Salad	<b>100% Beef Hamburgers &amp; Cheeseburgers</b>  Burgers served with Lettuce, Tomato & <b>New York Onion</b>  <b>Sweet Potato Wedge Fries</b>  <b>Salad Bar</b> Carrot & Lemon Salad	<b>Hot Sliced Turkey with Gravy</b>  <b>Warm Corn Bread</b>  <b>Mashed Potatoes Garlicky Green Beans</b>  <b>Salad Bar</b> Confetti Corn Salad	<b>Vegetarian Chili with Rice and Salsa</b>  <b>Roasted Zucchini</b>  <b>Corn on the Cob</b>  <b>Salad Bar</b> Kale Salad Fresh New York Apples	  <b>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED &amp; PRODUCED FOOD</b>

<p style="text-align: center; margin: 0;"><b>OFFERED DAILY</b></p> <p><b>Entree Alternatives</b></p> <ul style="list-style-type: none"> <li>• PB&amp;J Sandwich</li> <li>• Cheese Sandwich</li> <li>• Plain Turkey Sandwich</li> <li>• Hummus Grab &amp; Go</li> <li>• Cheese &amp; Tomato with Fresh Fruit Grab &amp; Go</li> </ul>	<p style="text-align: center; margin: 0;"><b>Milk</b></p> <p style="text-align: center; margin: 0;">1% Low-fat Fat Free Fat Free Chocolate</p>	<p style="text-align: center; margin: 0;"><b>Seasonal Fresh Fruit</b></p> <p style="text-align: center; margin: 0;">Apples, Oranges, Bananas, Pears</p> <p style="text-align: center; margin: 0; font-size: small;">No Artificial flavors, colors, or sweeteners in all SchoolFood Products</p>	<p style="text-align: center; margin: 0;"><b>Homemade Dressings</b></p> <p style="text-align: center; margin: 0;">Balsamic Vinaigrette Caesar Italian Vinaigrette</p>	<p style="text-align: center; margin: 0;"><b>Pizza and Pasta Flavor Station</b></p> <p style="text-align: center; margin: 0;">Granulated Garlic Red Pepper Flakes Parmesan Cheese</p>
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**ATTENTION:**  
All Pre-K Students CANNOT be Offered CHOCOLATE MILK