



MARCH 2017: K-8 Alternative Lunch Menu

Monday	Tuesday	Wednesday	Thursday	Friday	
CHICKEN DELIGHTS	BURGER BASH	CULINARY	NEW YORK DELI DAY	PIZZA PARTY	
 <p>EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD</p>		<p>1</p> <p>Black Bean Quesadilla with Salsa and Rice</p> <p><u>Eat Your Colors</u> Confetti Corn</p> <p><u>Salad Bar</u> Sliced Cucumbers</p>	<p>New York Thursday 2</p> <p>Deli Sandwiches Red, White and Green Panini</p> <p><u>Eat Your Colors</u> Cold Bean Salad</p> <p><u>Salad Bar</u> Kale Salad NY Apples</p>	<p>3</p> <p>Pizza Slice Veggie Pizza</p> <p><u>Eat Your Colors</u> Ranch Carrot Snackers</p> <p><u>Salad Bar</u> Greek Zucchini Salad</p>	
	<p>6</p> <p>Chicken Dumplings with Asian Sesame Dressing Sesame Lo-Mein</p> <p><u>Eat Your Colors</u> Broccoli Trees</p> <p><u>Salad Bar</u> Asian Slaw</p>	<p>7</p> <p>100% Beef Burger Deluxe Toppings</p> <p><u>Eat Your Colors</u> Sweet Potato Wedges</p> <p><u>Salad Bar</u> Spinach, Tomato & Roasted Red Pepper Salad</p>	<p>8</p> <p>Vegetarian Chili Warm Taco Boat Served with Rice and Salsa</p> <p><u>Eat Your Colors</u> Confetti Corn</p> <p><u>Salad Bar</u> Spring Mix Salad</p>	<p>New York Thursday 9</p> <p>Deli Sandwiches Turkey Caesar Wrap</p> <p><u>Eat Your Colors</u> Fresh Cilantro Slaw</p> <p><u>Salad Bar</u> Kale Salad Champlain Valley NY Apple Slices</p>	<p>10</p> <p>Pizza Slice Bruschetta Pizza</p> <p><u>Eat Your Colors</u> Chickpea Salad</p> <p><u>Salad Bar</u> Broccoli and Cranberry Salad</p>
	<p>13</p> <p>Chicken Sabrosa Yellow Rice & Beans</p> <p><u>Eat Your Colors</u> Sweet Plantains Seasoned Beans</p> <p><u>Salad Bar</u> Cilantro Slaw</p>	<p>14</p> <p>100% Grass Fed Beef Burger Deluxe Toppings</p> <p><u>Eat Your Colors</u> Sweet Potato Waffle Fries</p> <p><u>Salad Bar</u> Spring Mix Salad</p>	<p>15</p> <p>Spinach & Cheese Ravioli Whole Wheat Dinner Roll</p> <p><u>Eat Your Colors</u> Green Garden Salad</p> <p><u>Salad Bar</u> Greek Zucchini Salad</p>	<p>New York Thursday 16</p> <p>Deli Sandwiches Red, White and Green Panini</p> <p><u>Eat Your Colors</u> Seasoned Wedge Fries</p> <p><u>Salad Bar</u> Spring Mix Salad NY Apples/ Apple Slices</p>	<p>17</p> <p>Pizza Slice Pizza Margherita</p> <p><u>Eat Your Colors</u> Cold Bean Salad</p> <p><u>Salad Bar</u> Carrot and Lemon Salad</p>
<p>20</p> <p>Chicken Dumplings with Asian Sesame Dressing Sesame Lo-Mein</p> <p><u>Eat Your Colors</u> Roasted Zucchini</p> <p><u>Salad Bar</u> Ranch Carrot Snacker</p>	<p>21</p> <p>Turkey Burger with Cheese Deluxe Toppings</p> <p><u>Eat Your Colors</u> Sweet Potato Wedges</p> <p><u>Salad Bar</u> Cucumber Salad New York Apple Slices</p>	<p>22</p> <p>Pasta Fagioli Whole Wheat Dinner Roll</p> <p><u>Eat Your Colors</u> Kale Salad</p> <p><u>Salad Bar</u> Marinated Green Beans</p>	<p>New York Thursday 23</p> <p>Deli Sandwiches Italian Turkey Wrap</p> <p><u>Eat Your Colors</u> Seasoned Wedge Fries</p> <p><u>Salad Bar</u> Celery & Apple Salad NY Apples</p>	<p>24</p> <p>Pizza Slice Bruschetta Pizza</p> <p><u>Eat Your Colors</u> Chickpea Salad</p> <p><u>Salad Bar</u> Spinach, Tomato & Roasted Red Pepper Salad</p>	
<p>27</p> <p>Savory Roasted Chicken Drumsticks Corn on the Cob Buttermilk biscuit</p> <p><u>Eat Your Colors</u> Broccoli Trees</p> <p><u>Salad Bar</u> Italian Classico Salad</p>	<p>28</p> <p>Turkey Burger with Cheese Deluxe Toppings</p> <p><u>Eat Your Colors</u> Seasoned Wedge Fries</p> <p><u>Salad Bar</u> Marinated Vegetable Salad</p>	<p>29</p> <p>Black Bean Quesadilla with Salsa and Rice</p> <p><u>Eat Your Colors</u> Confetti Corn</p> <p><u>Salad Bar</u> Sliced Cucumbers</p>	<p>New York Thursday 30</p> <p>Deli Sandwiches Red, White and Green Panini</p> <p><u>Eat Your Colors</u> Cold Bean Salad</p> <p><u>Salad Bar</u> Kale Salad NY Apples</p>	<p>31</p> <p>Pizza Slice Veggie Pizza</p> <p><u>Eat Your Colors</u> Ranch Carrot Snackers</p> <p><u>Salad Bar</u> Greek Zucchini Salad</p>	

Offered Daily: Milk (1% low fat, fat free & fat free chocolate), Fresh Fruit, Canned Fruit, PB&J, Cheese Sandwiches, Hummus & Pretzel Grab & Go
Flavor Station: Granulated Garlic, Red Pepper Flakes, Parmesan Cheese, Oregano
Condiments: Ketchup, Mustard, Mayonnaise, Hot Sauce
Homemade Dressings: Balsamic Vinaigrette, Caesar, Honey Mustard, Italian Vinaigrette

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