



DECEMBER 2016: K-8 Breakfast Menu

Monday	Tuesday	Wednesday	Thursday	Friday
			New York Thursday 1	2
 EVERY THURSDAY WE'RE PROUDLY CELEBRATING LOCALLY SOURCED & PRODUCED FOOD			Upstate Farms® Cherry Vanilla Yogurt Nature Valley™ Oats 'n Honey Granola Bar Champlain Valley NY Apple Slices	Cheese Omelet Buttermilk Biscuit San Franola Granola Bowl® 100% Fruit Juice
5	6	7	New York Thursday 8	9
Egg & Cheese Pita Honey Corn Bread Land O'Lakes® Mozzarella Cheese Stick 100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield® Yogurt Served with Craisins & Granola Fresh Orange Slices	French Toast Sticks Served with Syrup Turkey Canadian Bacon Hot Oatmeal Warm Peach Topper 100% Fruit Juice	Yogurt Parfait Whole Grain Croissant with Grape Jelly Honey Roasted Sunflower Seeds Fresh NY Apple	Bacon, Egg & Cheese in Soft Wrap Multigrain Cheerios Upstate Farms® Yogurt 100% Fruit Juice
12	13	14	New York Thursday 15	16
Egg & Cheese Breakfast Sandwich Warm Very Berry Bread Land O'Lakes® Colby Cheese 100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield® Yogurt Served with Craisins & Granola Fresh Orange Slices	Buttermilk Pancakes Served with Syrup Turkey Sausage Patty Hot Oatmeal 100% Fruit Juice	Upstate Farms® Peach Yogurt Zucchini Bread Champlain Valley NY Apple Slices	Cheese Omelet Soft Wrap with Salsa Back to the Roots Organic® Cinnamon Cereal Bowl 100% Fruit Juice
19	20	21	New York Thursday 22	23
Beef Sausage & White Cheddar Sandwich Warm Banana Bread Land O'Lakes® Colby Cheese 100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield® Yogurt Served with Craisins & Granola Fresh Orange Slices	Tasty Waffles Served with Syrup Turkey Canadian Bacon Hot Oatmeal Warm Peach Topper 100% Fruit Juice	Upstate Farms® Strawberry Banana Yogurt Apple Cinnamon Granola Whole Grain Croissant Honey Roasted Sunflower Seeds Fresh NY Apple	Turkey Chirizo Breakfast Burrito with Taco Sauce Back to the Roots Organic® Purple Corn Flakes Bowl 100% Fruit Juice
Winter Recess 26	Winter Recess 27	Winter Recess 28	Winter Recess 29	Winter Recess 30
Turkey Bacon, Egg & Cheese Breakfast Toast Blueberry Yogurt Bread Land O'Lakes® Cheddar Cheese 100% Fruit Juice	Whole Grain Bagel with Cream Cheese & Jelly Organic Stonyfield® Yogurt Served with Craisins & Granola Fresh Orange Slices	Cinnamon Pancakes Served with Syrup Turkey Sausage Patty Hot Oatmeal 100% Fruit Juice	Upstate Farms® Cherry Vanilla Yogurt Nature Valley™ Oats 'n Honey Granola Bar Champlain Valley NY Apple Slices	Cheese Omelet Buttermilk Biscuit San Franola Granola Bowl® 100% Fruit Juice

Offered Daily: Milk (1% low fat, fat free), Seasonal Fresh Fruit, Canned Fruit, 100% Fruit Juice, Assorted Cold Cereal
Cold Cereal Choices: Frosted Mini Wheats, Cinnamon Flakes, Multi-Grain Toasted Oats, Raisin Bran, Back to the Roots Organic Purple Corn Flakes, Back to the Roots Cinnamon Cereal
Breakfast Dipping Sauces (served with all hot sandwiches ONLY): Ketchup, Hot Sauce, Salsa

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MENUS ARE SUBJECT TO CHANGE